

Kelston Primary School

Statement on Health Education 2010

At Kelston Primary School we are committed to providing a safe and secure learning environment for all of our students and staff. Your survey feedback has helped shape our health priorities.

We promote healthy and nutritious eating and encourage parents to support us in ensuring children have a daily diet that assists them with learning tasks. In 2010 we are offering a Subway lunch programme once a week as a healthy lunch treat. We no longer offer a daily school lunch service but encourage parents to provide their children with sandwiches, fruit and other food that is not processed. Water is the best choice of drink and children are encouraged to keep hydrated.

We are a Sun Safe school and insist children wear a school sun hat in terms 1 and 4. We also encourage the use of sun block and playing in our shady areas during the warmer months.

Bullying is not tolerated at all and is dealt with swiftly once it is brought to our attention. Fortunately it does not happen often and our children have a peer mediation service available with trained peer mediators. We also have the services of a school Social Worker on Monday, Thursday and Friday, she is Anna Sadanand (ph 027 6859086) and is always willing to assist children and families with welfare, budgeting and any other concerns.

We offer our children a wide range of activities to expose them to healthy lifestyle choices and assist with their social development. These programmes include Life Education, School Camp for years 5 & 6, sports teams, outdoor education experiences and participation in cultural groups and clubs.

Our teaching staff makes a concerted effort to be positive role models and lead our children by example. If you have any queries or feedback please talk to a staff member. We are always willing to assist.