

## **Kelston Primary School Board of Trustees Statement on Health Education 2016**

Following the results of our community survey on health education we have identified the following areas for focus in 2016 and 2017.

1. Healthy eating and nutrition.
2. Anti-bullying and personal well-being.
3. Sun and water safety.
4. Physical activity for all ability levels and ages.

Our school is committed to ensuring all children can work in a safe and secure learning environment. We aim to provide health and physical education lessons that cater for a range of learning styles, special needs and cultural differences. We strive to involve our parents and community in these programmes at all levels and welcome wider community participation and support.

Our school has a special relationship with the Kelston Deaf Education Centre (KDEC) and we host 2 attached classrooms from KDEC that give deaf students the opportunity to integrate into mainstream school life. We also work closely with the KDEC pre-school as they provide a quota of spaces for hearing students who are transitioning to our school.

Our school offers the following programmes to support our classroom teaching: Kiwi Can (values programme-all classes), Kids Can, Keeping Ourselves Safe (with NZ Police), ActiV8 (leadership training), Sunsmart, Milk in Schools, Aquatics and water safety (Te Atatu and Westwave, Life Education, Peer Mediation, Travelwise (Silver level achievement) and the Heart Foundation nutrition programmes. We are also a Health Promoting School and comply to the guidelines for this as set by the Waitemata District Health Board.

We also host a classroom for parents undertaking the Whanau Ara Mua programme run by the Solomon Group. This helps parents with a range of education and life skills and operates from Room 17.

Should you wish to enquire further into our health and physical well-being programmes please feel free to contact your child's teacher, Mr Steven Pickett (DP and Health leader) or Mr Cliff Hughes (Principal).