



## Kelston Primary School Health and Physical Education [HPE] Community Consultation 2019.

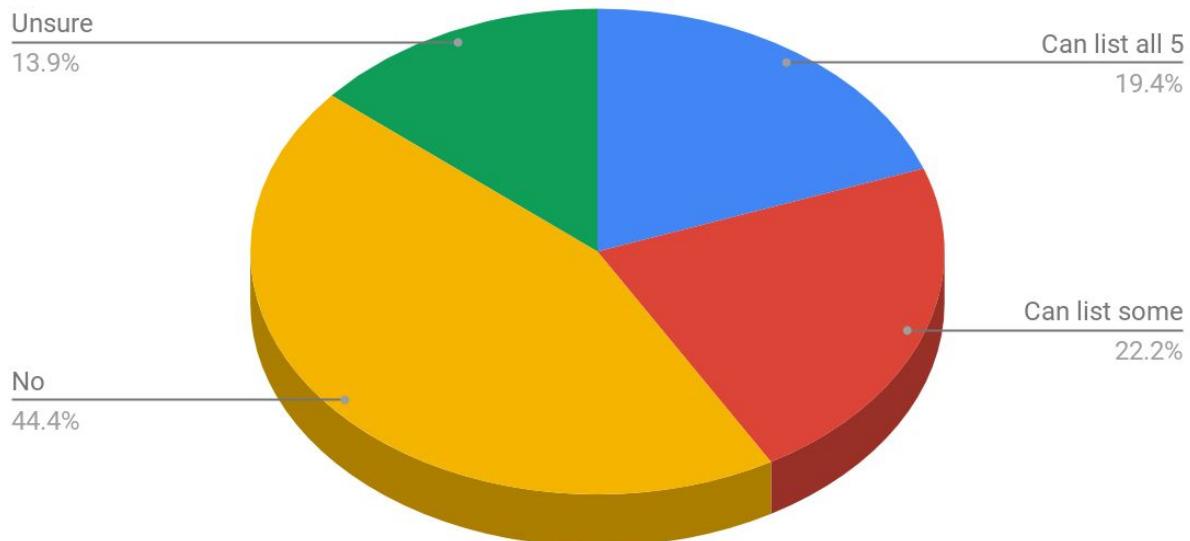
1. What are the things you would expect to see in a HPE programme in Kelston Primary?
  - More sport activities
  - Promote healthy living within our children & sport activities
  - To give knowledge and comprehension about HPE
  - Happy children [smiles], no line waiting, activities that build on skills to be used in practical games, tuakana/teina - jnrs and snrs fostering growth
  - Swimming classes, chess club, practising about protecting themselves [our kids], educating about using first aid
  - After school activities
  - Ball play/games, kids happy outside in sun, inside if wet, floor games
  - Fun, sharing & caring
  - Practical application of skills, small groups to promote part
  - The importance of eating vegetables and fruit, healthy eating
  - Making sure the kids are kept active and learn how to stay healthy
  - Health and wellbeing
  - Healthy eating, exercise
  - More sports within the school for our kids to join
  - More regular activities that would make our kids more interested in a specific sport
  - Play based learning
  - Keeping ourselves healthy, both structured and unstructured games ie netball, football
  - Physical drills, health and hygiene eg check fingernails
  - Children encouraging others to be more involved in physical activities, students enjoying activities
  - Kids playing different sports and eating options
  - More activities eg more sports teams and kids learning more exercises
  - Different sports programmes which enhances physical and mental strengths of the child
  - Consideration for all kids skill levels, focus on fun
  - Fitness
  - I would like to see a school rugby team form or a touch team
  - Children engaging in physical activity
  - Sports, fun, variety
  - Variety of equipment, respect towards others
  - Physical activities, sports, education in healthy living



- Fun and engaging activities that promote learning to be part of a team, leadership and a sense of responsibility towards others
- Sports, fitness, healthy eating
- More physical activities for children
- Fitness and health
- More activities



## 2. Do you know our 5 CORE VALUES here at Kelston Primary?



### Responses:

- Respect
- Responsible choices
- Aim high
- Community
- Honesty
- Excellence
- Curiosity
- Listen - talk when spoken to
- Happy
- Courage
- Effort
- Education
- Community
- Creativity
- Value yourself, others, environments, education



3. How important do you think school VALUES are and why?

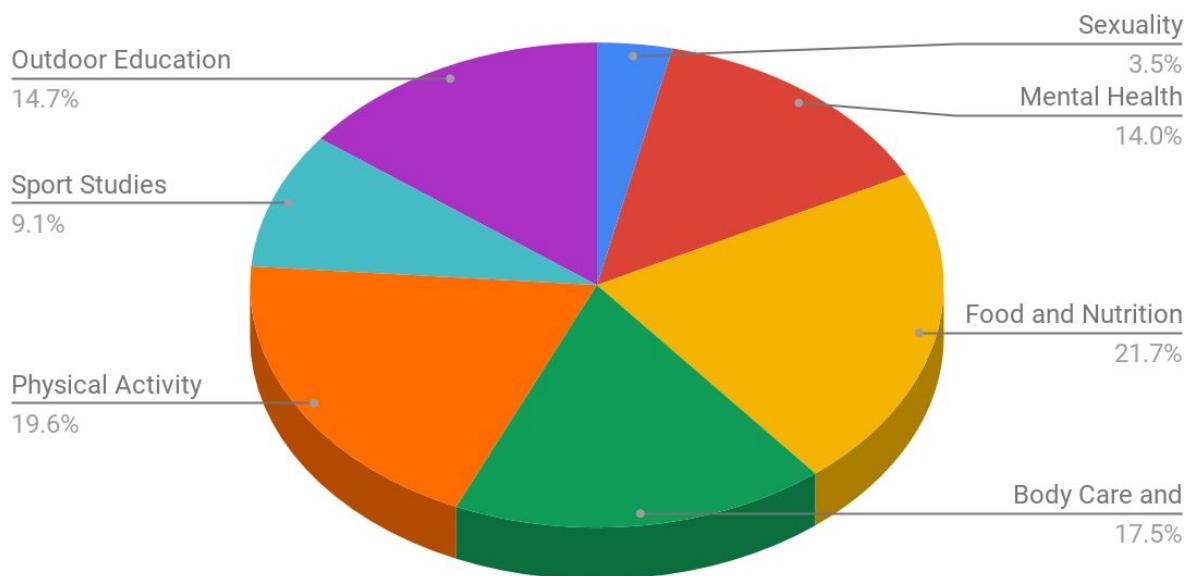
[All responses feel VALUES are important]

- It works both ways, school and home
- They represent who we are within this school
- Any values make a valuable person
- Quite important to emanate these same values at home also
- Aids in kids growth
- The most important value is Honesty - with this core value our kids could understand and practise better to develop the other ones
- Important for children's health
- Need to learn to ensure all happy and 'do' learn/listen
- Teaches respect for others
- Teaching kids to put them into practise is great
- Important in upbringing of anyone because it is where they can keep themselves accountable and work towards
- It teaches the students to value the important things
- Very important, teaches children the importance of values
- It teaches our kids the important things in LIFE
- Community and respect for me is important because it helps them understand that they should foresee the need of the community
- They share the ethics of the school
- It gives students a motto to strive for and gives a sense of achievement
- It is what the kids take with them in life
- Extremely important in wellbeing, education, future of our child. Students need to be curious to get academic excellence, need to be honest and respectful to build a productive community
- Kids can break values but they can learn from their mistakes
- Values guide principle and focus
- Important to have values in order to reach set goals
- Important for children to understand them
- Highly important children learn values from an early age - sets boundaries in their lives and upbringing
- Important for children to understand
- Helps shape the kids to behave and use manners
- Guide our children if they understand each value
- Helps keep the kids in focus
- Important for students to learn the school values



4. Which of the seven learning areas in Health and Physical Education would you like to see more of in the future?

Sexuality  
Mental Health  
Food and Nutrition  
Body Care and Physical Safety  
Physical Activity  
Sport Studies  
Outdoor Education





5. What value do you believe HPE adds to your child's overall education at school?
  - Discipline
  - Being actively fit. Better understanding of the subject "physical education"
  - Keeping active is important to us - after school practise/weekend sports
  - Along with education HPE makes the kids more mentally strong
  - My children will be more confident to open up in social activities
  - Physical activities
  - Healthy kids/families
  - Confident in themselves
  - The value of staying healthy and active, keep them healthy and active to learn
  - Don't know
  - Teaching them how to eat well and to look after yourself
  - It makes them realise that healthy living is a good thing for the community
  - A lot - confidence in themselves and their place in society, being safe and well mentally and physically
  - Keeps them physically fit and motivated
  - Community - looking out for one another [physical and mental]
    - Being a team [showing leadership]
    - Working together
    - Excellence - moving forward/overcoming barriers
    - Pushing your limits
  - Lots of values, need to be healthier and more active
  - It would teach him how to look after his body not only now but when he's older
  - In today's day and age, with technology in focus HPE is critical to ensure technology does not disable or hinder health and wellbeing in kids
  - Promotes child physical and mental being, encourage teamwork and social awareness
  - Teamwork
  - Communication skills, work ethics
  - Respect, personal space
  - To stay healthy and it's good for you
  - Children curious about outdoor activities will also strengthen their thinking in the classroom
  - Good manners

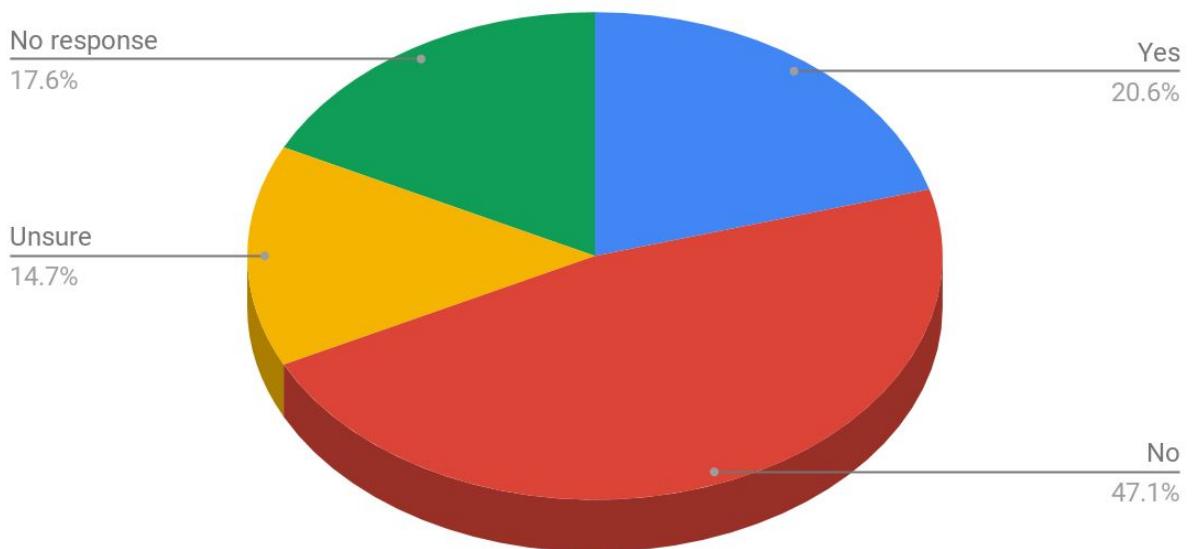


6. What does our school do really well in Health and Physical Education?

- Sports
- I'm not sure
- Athletics and swimming
- From what I have observed, it appears safe and organised, which is appreciated
- Sports, family day
- Rugby
- All sporting activities
- Games
- Sports are focus
- Knowing to be healthy inside our bodies
- Physical activity
- We love the athletics held every year at Trust Stadium and the morning exercise
- They open new opportunities for Kelson students, most of all their students enjoy the outdoor activities
- Lots of games and play based learning. Great body care and physical safety programme
- Athletics, Netball, Cricket, KOS
- Safety
- Promotes healthy eating, exercise outside
- Have students involved in outdoor activities and teaching them about health and wellbeing
- Keeping the kids active
- Promote exercise every morning before the start of class
- Life education caravan is great
- Yr sports/games places/equipment
- Teaching about healthy food
- Physical activity and outdoor education
- We haven't been here long enough to know
- Sports programme
- Active participation in team sports
- Maintaining good manners



7. Are you concerned about any particular aspects of Health and Physical Education currently being taught?



Of the responses received these are those with concerns

- Maybe/sometimes
- I wish the sport studying could be pushed more
- Food and Nutrition
- Not enough Outdoor Education
- Don't know what is happening in this area
- Mental health/mental illness appears to be lacking
- I'm concerned about my child knowing or allowing to know about agenda change. This should be left till they are in highschool. I don't want them confused.
- I don't know what is currently being taught
- Not sure what is being taught in regards to HPE



8. Is there any other feedback you would like to provide?

- Pleased to see that the school is strict of water but also need to offer more healthy food variety in the tuck-shop should it open again
- I think family should teach children about sensitive topics i.e. body care and sex
- We do not have much information at to what the programmes on HPE
- Please teach the kids the value of eating healthy, in addition to what we instill in them
- I believe there should be a healthy tuckshop open to the kids with fresh fruit and sandwiches and juice. I'd be glad to be a tuckshop lady - Salena Stavros Mum. Other than that happy mum
- None you guys are doing a great job
- Thanks
- Maybe more culturally responsive games/play
- Thank you, Keep up the awesome work
- Keep up the good work
- School has masses of grounds/equipment, playgrounds and equipment
- Encourage students to participate in school or club sports teams
- So far so good, many thanks and more power.